

# WISHFUL-2026

**BOMIS-EXPLORING THE WORLD OF YOUNG  
MINDS**



Arin Gurung K2A



# Table of Contents



## 03-04

- Executive Director's Message
- Down the Memory Lane

## 05-11

- Happy Teachers
- Pre Primary Section

## 12-14

- Primary
- Investiture Ceremony 2025 & Field Trip
- Disaster Management

## 15-19

- BDMUN
- Health Camp
- Sports
- Frenzy 2025

## 20-28

- Cultural Extravaganza
- Plaudits
- Artist's World
- Shutter Bugs
- BOMIS-T20
- Au Revoir-Batch of 2026
- Students' Opinion

## 29-36

- Teachers' Opinion
- Brain Teasers
- Ancient & Modern India Facts
- Sustainable World
- Evergreen Jokes



# THE VOICE OF EXECUTIVE DIRECTOR



Dear Young Minds and dedicated educators

You are my Partners in Progress!

We are different, not in what we do or what we teach, but in how we do and how we teach. We may be bound by the curriculum and timelines, but the overall growth target is unbound. We are committed to creating opportunities that bring hope and success to every stakeholder.

We do not nurture students for careers alone, but for life. We wish them to be a bit more empathetic before being practical and more sensitive before being judgemental. **Human beings should believe in being humans first.**

This school is human and emotions driven, and I wish to cling to these forever. A school should not just create successful individuals, but a compassionate community. If the emotions are well harnessed then success is sure to follow.

I wish everyone leads a harmonious and sustainable life, but I deeply hope that each one of us is better than yesterday, because growth should be the only constant change.

I am delighted that this newsletter has come true. **Congratulations!** This newsletter is a reflection of how invested we are in this school and I am absolutely proud of what I see in this mirror personified as a newsletter.

**We look stunningly beautiful!**



2019 onwards.....

# The BOMIS Era

## Down the Memory Lane



Journey of BOMIS since its inception in 2019 with a humble strength of 64 students in the first year. Every year the school has grown like a child with one added infrastructural feature adding to its physical growth. Now it is 7 years old....Miles to go before we sleep!!



# HAPPY TEACHERS MAKE HAPPY CHILDREN



THE BOMIS MENTORS



# Superstar Me

PRE PRIMARY  
**FOUNDATION**  
FOR YOUR TODAY.



## CONFIDENCE BEGINS WITH A VOICE

Every little voice has a story to tell! At Kindergarten, we nurture confident communicators through enriching experiences such as podcasts, Show and Tell, declamations, storytelling, and classroom presentations. These engaging opportunities inspire children to think, express, and speak with confidence, transforming shy whispers into bold voices. With every word they share, our young learners grow into confident, curious, and expressive individuals—ready to shine both inside and beyond the classroom.

WATCH OUT

**Raj Shamani's Beerbiceps.....**

Can you beat these  
enterprising and rising  
podcasters?

**Confident & better!**







# Experiential Learning

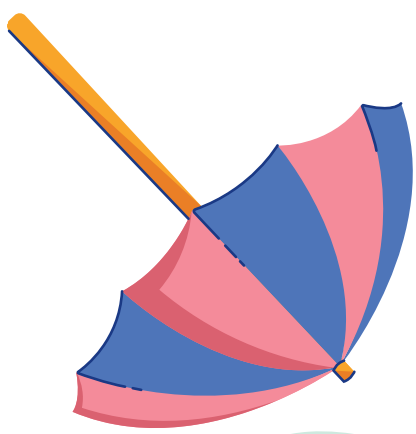
PRE PRIMARY  
**FOUNDATION**  
FOR YOUR TODAY.

**Actions Speak  
louder than  
words....**

**feel it, do it,  
learn it forever.**







# POOL PARTY FUN

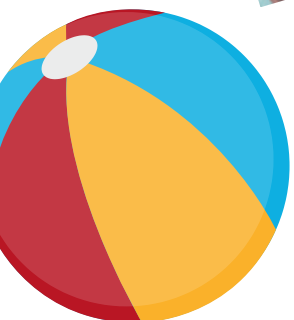
PRE PRIMARY  
FOUNDATION  
FOR YOUR TODAY.



All work & all play.....  
always the fun way!



The last day of school before the summer break brims with excitement and laughter as our students celebrate with a delightful pool party. Surrounded by friends and cherished teachers, the children splash, play, and share endless giggles under the sun. It is a heart warming sight to see their beaming faces as they create memories that will be treasured for years to come. What a perfect way to cool off and welcome the summer holidays with smiles, sunshine, and sheer joy!





# CONTINGENCY SOPs

PRE PRIMARY  
FOUNDATION  
FOR YOUR TODAY.

## IMPORTANCE OF FIRE SAFETY IN SCHOOLS

- Fire drills play a critical role in ensuring the safety of students, teachers, and staff in schools.
- By practicing fire drills, schools can be better prepared to handle emergencies and reduce potential risks.
- Fire safety practices help prevent or reduce property damage, preserving educational facilities and resources.







PRE PRIMARY  
**FOUNDATION**  
FOR YOUR TODAY.



## Why should adults have all the fun....

Our kindergarteners turned into little chefs as they explored the fun of fire-free cooking under the guidance of their teachers. They joyfully prepared Choco Donuts, Bread Bloom Bites, Cookie Cuties, Fun Forest Salad, and even set up their own colourful Chaat Corner!

The activity was a perfect blend of fun and learning, as children not only enjoyed creating yummy treats but also learned about healthy and unhealthy food choices. It was a delightful day full of smiles, flavours and little hands at work!





# Maths, Language....Hmmm Bring it on!

PRE PRIMARY  
**FOUNDATION**  
FOR YOUR TODAY.



## Numeracy & Phonics Day

Our kindergarteners enthusiastically participated in Numeracy & Phonics Day, engaging in fun-filled activities like Let's Dial and Learn Numbers, Shadow Tracing, Skip-Count Hopscotch, Sound Quest with digraphs and CVC word sentence builders.

Through interactive games such as Sight Word Hopscotch and Alphabet Sunshine, children explored numbers and sounds with joy and confidence.

There were many more engaging activities that made learning truly exciting and memorable for our little learners!





PRIMARY SECTION

SHAPE  
YOUR TODAY.

CREATE

YOUR TOMORROW

### THE POWER OF YOUNG MINDS

Young people see the world differently.  
We ask questions. That's not just a phase  
—it's our strength.  
Every big change in history started with  
someone who was once young enough to  
dream and brave enough to try.

Progress doesn't come  
from waiting for the  
perfect moment.  
It comes making the  
moment perfect with  
your action.

BE THE CHANGE-  
BOMBS CHANGE





# FUTURE LEADERS ..ON THE RISE

“Great leaders are almost always great simplifiers who can cut through argument, debate and doubt to offer a solution everybody can understand.” — Gen. Colin Powell

## Prefectorial Body



Investiture Ceremony, a ritual as old as time itself, reminds us that with privilege comes profound responsibility. On 7th May, the 7th Prefectorial Body of BIRLA OPEN MINDS INTERNATIONAL SCHOOL DEHRADUN, took its oath of office. The Ceremony began with a prayer song. Then with a drum roll the Prefectorial Body started marching in synchronized unison, towards the stage. A hush had fallen and the Prefects with eyes shining bright with possibilities but also the weight of the responsibility reflected not only in their gaze but also in their gait. The collective voices of the Prefectorial Body, while taking its oath, demonstrated the sense of pride. Each newly invested leader stepped forward not only to wear the badges but also to carry the torch of our collective aspirations. The program continued with the School Captain, Srijan Malkoti's speech which was nostalgic as well as inspiring. The program ended with a congratulatory speech from the Honourable Executive Director, Ms. Navita Sinha. Congratulations to the newly elected Prefectorial Body.

## FIELD NOTES > CLASS NOTES

***“One learns from books and examples only that certain things can be done.***

***Actual learning requires that you do those things.”***  
— Frank Herbert

As part of the school's policy of developing life skills, our students are taken for industrial visits every year. This year students of Grades XI and XII-(Science) were taken to Suncare Formulations Pvt. Ltd. to provide them with a practical understanding of pharmaceutical manufacturing. The visit provided valuable insights into the pharmaceutical manufacturing process—from weighing raw materials to tablet compression, packaging and labeling. A special interactive session with the company manager gave valuable insight to the students to consider a career in Pharmacy and Healthcare. The visit offered a real-world connection to classroom learning and highlighted the importance of precision, hygiene and innovation in the pharmaceutical industry. The Commerce students were taken to Axis Bank to gain practical knowledge about banking operations. Students were given insight into the bank's organizational structure and its functions and services. This visit provided the students with valuable information about how they can pursue a career in banking and finance.



*Senior School Industrial Visit*



# Embracing the Power of Learning Outside the Classrooms

## *DISASTER MANAGEMENT WORKSHOP*

One of the Mission of BOMIS is creating responsible citizens. With this view in mind Disaster Management Workshop is organized every year to make the children aware about the different types of fire and how to extinguish each type. It was not only informative but managed to generate interest in the students. The interactive and enlightening workshop makes the children learn the use of Fire Extinguisher.



## Fire Fighting Workshop





# Creating Global Citizens



## BDMUN 2025: A Bold Stand for Peace and Accountability

BOMIS Dehradun Model United Nations (BDMUN) 2025 offered a powerful platform for global dialogue, and the United States delegation stood tall in the face of complex international challenges. Representing our nation's values, we emphasized that peace must not be passive—it must be protected through collective responsibility, transparency, and enforceable action. As strategic rivalries and nuclear threats dominated the committee's discussions, the U.S. highlighted the importance of modern reforms like the Geneva+ Protocol and the Civilian Harm Mitigation Task Force. While others focused on blame games and vague rhetoric, we called for realistic solutions—firm in our defense of liberty and fair in our pursuit of global stability. The most debated issue was the Russian-led ceasefire proposal in the Middle East. The U.S. firmly opposed any resolution that lacked clear accountability for terror groups. We advocated for a ceasefire that secures peace without compromising justice or security. BDMUN 2025 was not just a simulation—it was a lesson in leadership, diplomacy, and moral clarity. It reaffirmed the United States' role as a global guardian of peace, not through domination, but through principled action and unwavering resolve.

**Yatharth Raturi 12B**

## BDMUN 2025: A Middle Eastern Media Perspective

BOMIS Dehradun Model United Nations (BDMUN) 2025 brought global powers together to discuss one of the most pressing agendas: safeguarding stability amidst rivalries, nuclear proliferation, and human rights challenges. From a Middle Eastern perspective, this session highlighted both hopes and frustrations faced by nations in our region. The debates on ceasefire in the Middle East drew particular attention. Russia's proposal for a UN-monitored neutral ceasefire was seen as a positive step, but questions remained about its lack of accountability for groups involved in terrorism. The United States and Israel firmly resisted the draft, arguing that security cannot be compromised for temporary peace. This reflects the long-standing dilemma in our region—where humanitarian concerns often clash with political and security priorities. Iran, on the other hand, highlighted the double standards in global disarmament and called for a non-aligned framework to address biological, cyber, and AI threats. Israel emphasized survival and security, underlining the constant threats it faces. For Middle Eastern observers, these speeches revealed how regional conflicts continue to dominate international discussions. BDMUN 2025 showed that while peace remains a global aspiration, political divides still overshadow humanitarian needs. True stability can only emerge when security and justice are balanced.

**Ayush Sundriyal 12A**





# Finding Balance Between Health and Education

HEALTH IS A PRICELESS WEALTH, INVEST IN IT WHILE YOU CAN!

Keeping with the policy of the school that a healthy student is one who is physically as well as mentally strong. With this in mind every year Health Camp is organized in collaboration with Graphic Era Hospital, for Grades Nursery to 5. Students undergo ENT, Dental and Eye Check-up by a panel of experienced doctors from GEIMS.

Let's Talk Counselling Workshop, an initiative by us to help our children navigate the path of growing up by making them aware of the changes in their body. This counselling session is an annual affair for Grades 6 to 12. The students are scientifically made aware of the physical and emotional changes in their lives and how to tackle them. Dr. Neha Kachroo (Gynaecologist) and Dr. Harish from GEIMS created a safe, judgment-free space where the senior students felt completely comfortable asking questions and sharing thoughts. Similar counselling sessions were conducted for the Middle School too.





# All Sports, All Action

*Unleashing the Power of Play*

*'Sports and Health are so important to a nation, that they deserve to be right at the front of people's mind.'*



## Inter-House Basketball Tournament

**Inter-House Senior Basketball Tournament** was held in May. The Tournament was a thrilling showcase of talent and teamwork among the four houses: Ambition, Discovery, Legacy, and Spirit. Held over three action-packed days, featuring intense matches in both 'Senior Boys' and 'Senior Girls' categories, culminating in gripping finals. The Senior Girls Final was between Discovery and Ambition where Discovery clinched the title with a 34-08 win. Aqira led Discovery with 20 points, supported by Mahi Tyagi's 12 points. For Ambition, Sharanya Tomar scored 4 points.

The Senior Boys Final was Spirit vs Ambition – Spirit emerged victorious with a commanding 25-12 win. Divyqansh was the star player for Spirit, scoring 8 points, while Tenzin Thokmey contributed 5 points. Ambition's Krishna Rawat was the sole scorer and added 12 points in Ambition's kitty.

**Inter-House Midget Basketball Tournament** was also held in May. The players of the Midget category displayed a good game. The Final Match was played between Discovery and Spirit. Discovery dominated the match... winning with a score of 5-0. Shaurya Shahi and Akshobhya Baliyan 2 from Discovery played brilliantly and contributed to the win.

## Inter-House Swimming Tournament

### Results 2026-27

#### 25m Freestyle

##### Senior Boys

1. Discovery – Aarsh Chhetri (10B)
2. Ambition – Ridhik (12A)

##### Senior Girls

1. Spirit – Ananya Bisht (9B)
2. Legacy – Kaavya (9B)

##### Junior Boys

1. Discovery – Yuvaan Baliyan (6A)
2. Legacy – Kabeer (6A)

##### Junior Girls

1. Legacy – Bhuvni Sehgal (6C)
2. Spirit – Aarushi Verma (6C)

#### 50m Freestyle

##### Senior Boys

1. Spirit – Tejash Joshi (12A)
2. Legacy – Ansh Kandwal (10B)

#### 50m Freestyle

##### Junior Boys

1. Legacy – Satvik Bhalla (6B)
2. Spirit – Thakur Daivajna Pratap Singh Shahi (8B)

##### Junior Girls

1. Ambition – Kaashvi Pursora (7A)
2. Legacy – Sanskriti Rawat (7B)

#### 25m Backstroke

##### Senior Boys

1. Ambition – Keshav Gupta (12A)
2. Legacy – Ansh Kandwal (10B)

##### Junior Boys

1. Discovery – Akshobhya Baliyan (8A)
2. Legacy – Aarya Malik (8B)

##### Junior Girls

1. Discovery – Shanaya Khattri (6B)
2. Ambition – Aradhya Rana (6B)





# FRENZY 2025

## The Battle for House Glory.....

frenzy an inter-house competition.... where the houses fought for their glory!!

The Frenzy 2025 which was held at the Birla Open Minds International School, was a burst of excitement, a competition that was held for a span of 3 days... from 29th May to 31st May. It was, indeed, an unforgettable event of my life. The competition included a plethora of events such as Dance, Music, Mime, Ad-Mad, Ikebana, Wall Painting and many more. The larger than life preparations for Frenzy started a month ago in advance. The students gave their best to make the competition unforgettable and without doubt they succeeded in doing so. The frenzy for FRENZY 2025, began on 29th May for the junior classes.

The next day witnessed all the other events except the greatly awaited Dance, Music and Mime. So, on 30th May there were events like Ikebana-- which was a bag of beauty, nature and simplicity. Each house prepared a flower arrangement using the antient Japanese Flower Arrangement techniques. Wall painting was also held which was colourful & mind blowing where students showcased their talents, and hence, on a good note the second day also ended. Now, there was the 3rd and the final day!! On that day we all were very excited and nervous. As per instructions the events were to be held in the evening. So, we all gathered in the Meadows at 5:30pm and at 6:00pm the competition started with the School Band setting the tone for a rocking evening.

From that time the banging night started, and the judges rated each house after every event. The first event was Qawwali which was outstanding with the Ambition House being adjudged the best singers. The melodious notes of the Qawwali gave me a rhythmic relaxation that I have not felt again. Next was the Dance Competition. Where the middle school showed their 'thumkas' with Bollywood numbers whereas the Seniors gracefully performed the Western Dances. Ambition House was declared as the overall winner, which was deserving because the house's performance was outstanding in all the aspects. After that everybody enjoyed by dancing with their friends. What I have learned is that FRENZY is not about competition and just winning.. it's just about giving your best and living the moment happily, because these happy moments might not come in our life again.

Aditi Joshi



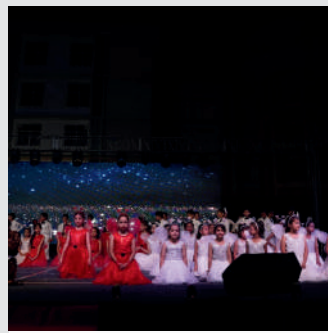
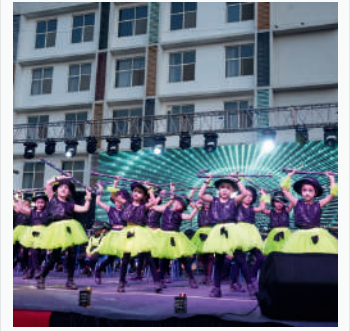
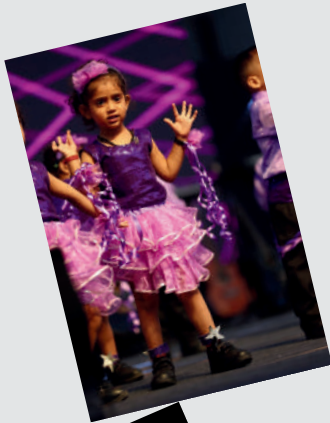






# Cultural Extravaganza ....

the meeting point of talent and grit





# PLAUDITS

'Dreams which allow you to sleep give you momentary happiness  
But dreams that don't let you sleep decide your future... Coz..  
Success comes to those who dream big!'

**Brilliant Result!**

**BIRLA OPEN MINDS**  
INTERNATIONAL SCHOOL  
DEHRADUN

**Proud of our Meritorious Students**

**100% Result  
100% First Divisions**

**Riddhima Bhatt**  
98%

**Dhairyaan Singh Chauhan**  
98.2%

**Alok Pratap Singh**  
96%

**Upasna Negi**  
94%

**Pallavi**  
93.4%

**Anvi Verma**  
93.4%

**Mohd. Umar Kirmani**  
93%

**Aarav Dhingra**  
93%

**Vaishnavi Rana**  
92.4%

**Lakshya**

**Harshvardhan Uniyal**

Brilliant performance doesn't happen by chance. It's built in merit, discipline and perseverance. Congratulations to our toppers!  
Excellent performance! Proud of you!  
Congratulations to all parents, students and teachers!

## INTER SCHOOL DANCE COMPETITION

BOMIS has nailed it for two consecutive years! Congratulations to the team and the choreographer for creating a magical performances and winning the 1st prize after competing with 11 prestigious schools of Dehradun and Rishikesh at Tonsfest in 2025 and again 2<sup>nd</sup> prize at the Tonsfest 2026. The spectacular performances of the dancers in the past 2 years have continued to enthralled the audience with the swish of their skirts and the dexterous moves of the dancers.

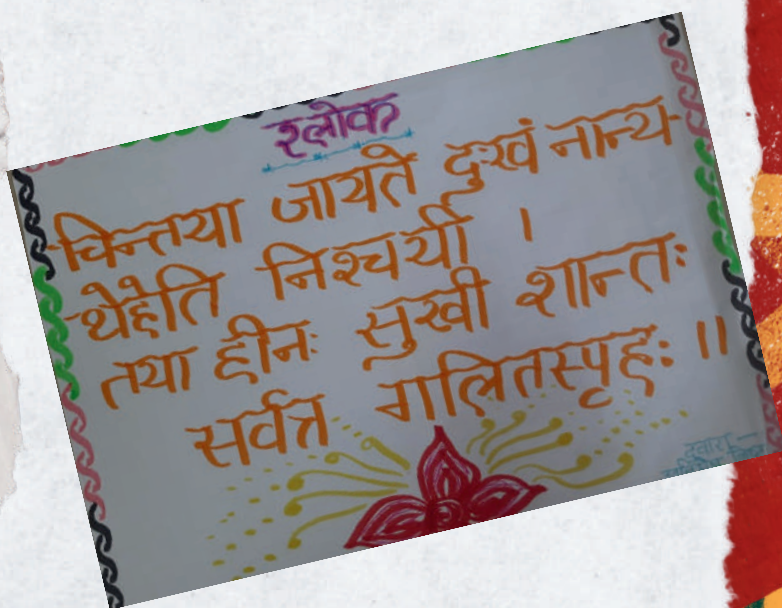
**Agrim Sharma- 3A**  
**The Chess Prodigy!**





# ARTIST'S WORLD

## Students' Strokes







SRIJAN MALKOTI 12A

**Capturing  
moments and  
emotions  
through camera**



ARPIT CHAUDHARY 12B



AYUSH SUNDRIYAL 12A

**SHUTTER  
BUGS**



**THIS LIFE  
IN PIXELS**



HARSHITA 12A



SHUBHRA BARTHWAL



KESHAV KANSAL 9A



ADITI AJAY KAUSHAL 12A



SRIJAN MALKOTI 12A



# BOMIS T-20

## UNDER- 16 INTER SCHOOL CRICKET TOURNAMENT

BOMIS, concluded its T20 Inter-School Cricket Tournament Nov 15–21, 2025. Featuring strong participation from prestigious schools, the week-long event ended with a thrilling final and a vibrant closing ceremony attended by Cricket Association of Uttarakhand officials. The winning team received a cash prize of ₹21,000, while the runner-up was awarded ₹11,000. The closing ceremony was graced by the Chief Guest, Mr. P.C. Verma, former Secretary and Patron of the Cricket Association Uttarakhand, and Mr. Abhay Negi, a celebrated Ranji Trophy player and other prominent members of the Association.





# AU REVOIR BATCH OF 2026



Grade XI organized a spectacular and memorable farewell to honor our beloved graduating batch of 2026. The celebration began with a warm welcome and deeply moving speeches, followed by an elegant ramp walk and an energetic live band performance. Dynamic dance routines and an upbeat jam session kept the spirits high, before everyone gathered to share a final, heartwarming lunch together.





## ≡SPECIAL FEATURE≡

### THE DAY WAS GOOD UNTIL....

The day was good, the sky was bright,  
I woke up feeling just so right,  
Had my breakfast, toast and tea,  
Nothing could go wrong for me.

Went outside, sun shining down,  
Walked so happily through town,  
Then tripped on my own shoe,  
Flew right forward—Oh, I flew!

Got up, brushed off the dirt,  
Just a trip, and it didn't hurt!  
Kept on walking, smooth as silk,  
Then spilled my coffee down my milk.

The day was good until it turned,  
One thing went wrong, then more I learned.  
But hey, that's life, a bumpy ride,  
Good thing I still have snacks inside!

Sanskriti Khansali 9A



## Young & Proud

Student's  
Opinion



### Operation Sindoor:

A Calculated Red Line in the Sands of South Asia

In the shadow of escalating cross-border terrorism, Operation Sindoor emerged not merely as a military response—but as a strategic doctrine of precision, deterrence, and multi-domain dominance. India, long known for its strategic restraint, unveiled a new-age response mechanism—one that blends kinetic strength with psychological supremacy. The world watched, as if asking, “Is this the return of the Chanakyan mindset?”

Launched after the brutal civilian massacre in Pahalgam, the operation targeted deep assets across Pakistan’s Punjab and Bahawalpur regions—once presumed invulnerable. Using Rafale jets equipped with SCALP and HAMMER missiles, India executed strikes that were surgically exact, time-bound, and intelligence-driven—lasting less than 23 minutes, yet inflicting crippling damage to terror command nodes and radar installations, with zero collateral loss.

Beyond the battlefield, India deployed non-military instruments of power: suspending key clauses of the Indus Waters Treaty, sealing trade corridors, downgrading diplomatic ties, and launching cyber and narrative-control offensives to neutralize disinformation.

The orchestration of air, land, sea, and digital fronts reflects a synergy of doctrine and discipline. What makes Operation Sindoor remarkable is not just what was hit, but how perfectly targeted, lawfully calibrated, globally justified.

Unshackled from the ghosts of past caution, India has etched a precedent where restraint is no longer a given, and red lines are not blurred—they’re boldly drawn.

Precision. Strategy. Restraint. These are the cornerstones upon which Operation Sindoor was etched into the contemporary military history of India. Conducted amid intense ceasefire violations, Operation Sindoor was not just a tactical retaliation—it was an orchestration of multidimensional excellence.

The targets were hit not just hard—but surgically. Launchpads used by infiltrators were neutralized with zero collateral damage, using carefully calculated artillery strikes. The geography was studied, the timing was chosen, and the message was clear: India would no longer absorb the first blow and respond with a press note. This was a controlled thunderclap of national will.

But what makes Operation Sindoor remarkable isn’t just what exploded—it’s what didn’t. There was no political noise, no overstatement, no overreach. Instead, the operation reflected a disciplined alignment of four strategic pillars:

- **Military Command:** Perfect coordination between ground intelligence, surveillance drones, and artillery. The strikes were specific, targeted, and time-bound.
- **Diplomatic Signalling:** The External Affairs Ministry quietly ensured that allies were informed, narratives were contained, and international backlash was disarmed before it began.
- **Economic Intent:** Simultaneously, India ramped up indigenous defense readiness—signalling long-term strategic autonomy.
- **Information Warfare:** Leaks were plugged. Rumours were countered. The enemy’s narrative collapsed before it could begin.

Operation Sindoor was not about vengeance. It was about message delivery—with posture and precision.

In its silence, it roared. In its restraint, it taught. In its shadows, it shined.

If Chanakya wrote warfare in Sanskrit, this was India translating it into steel.

**ADVIK NEGI 12A (Batch of 2026)**





# The Art of Being Yourself

## The Day I Lived Twice.....

### A Survivor's Account of the Ahmedabad Crash

That day began like any other. My brother Ajay and I boarded the plane, joking as always. He teased me for taking the window seat—11A—while he sat across in 11J. We laughed, shared snacks, and planned what we'd do once we landed. Everything felt normal. Safe. Then came the sound. A low vibration, like the plane was groaning. I looked at Ajay—his face said, Did you hear that too? And then the whole aircraft shook. Bags fell, people screamed, lights flickered. The captain's voice—"Mayday! Mayday!"—still echoes in my head. The crash... I don't remember all of it. Maybe my mind is protecting me. But I remember smoke choking me, fire everywhere, people crying, praying, calling for their loved ones. I don't know how I got free. Somehow, my seatbelt opened, somehow my body moved. I stumbled into the night air, coughing, my ears filled with screams. A hand—someone's hand—pulled me away. But Ajay never followed. My brother never made it out. They call me "the miracle man." It doesn't feel like a miracle. At the hospital, all I could think was—Why me? Why not him? Six days later, I carried his body at the funeral. That was the heaviest weight of my life. Nights are the worst. I close my eyes and I'm back in the flames. I hear voices calling, I hear Ajay shouting my name. My body healed, but my heart... I don't know if it ever will. People say I was given a second chance. But I don't feel chosen. I feel burdened—with my brother's memory, and with the 241 souls who didn't walk out with me. I live for them now. I carry them with me. I walked out of fire—but I never left it behind.

**Shagun Thapa 12A**

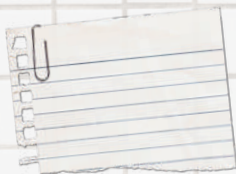
## Students' Opinion



### Emerging Technology Trends Shaping the Future of Education

The educational landscape is undergoing a revolutionary transformation, powered by emerging technologies like Artificial Intelligence (AI), Augmented Reality (AR), and Robotics. These innovations are not only reshaping how students learn but also redefining the role of educators and institutions in the digital age. Artificial Intelligence is at the forefront of this change. AI-driven tools such as intelligent tutoring systems, personalized learning apps, and chatbots are enabling students to receive real-time feedback and customized learning paths. For teachers, AI simplifies tasks like grading, progress tracking, and identifying learning gaps, allowing them to focus more on student engagement and mentorship. Augmented Reality takes learning beyond textbooks. With AR, students can explore the solar system in 3D, interact with historical events, or perform virtual science experiments—all within the classroom. This immersive experience enhances understanding, curiosity, and retention. Robotics is also gaining momentum, especially in STEM education. Programming robots or using them in classroom activities encourages problem-solving, teamwork, and innovation among students. It also prepares them for future careers in engineering and automation. Modern schools are rapidly adopting smart boards, AI-powered assessments, and digital collaboration platforms. These tools are making education more interactive, inclusive, and accessible—bridging learning gaps across different regions and learning styles. In conclusion, the integration of AI, AR, and robotics into education is not just a trend—it's a necessary evolution. By embracing these technologies, schools are equipping students with skills that are crucial for success in the 21st century.

**Vaishnavi Rana 11A**







# The Art of Being Yourself

## Balancing Tradition and Modernity

Tradition connects us to our roots, while modernity drives us toward progress. Both are essential, but the real challenge lies in balancing them. Blindly following outdated customs can hinder growth, while ignoring traditions can weaken our cultural identity. For example, festivals, rituals, and family values are important aspects of tradition that bind us together. At the same time, modern ideas like gender equality, scientific innovation, and global connectivity allow society to move forward. The youth, in particular, must learn to respect traditions while embracing positive change. Balancing tradition and modernity means choosing wisely—keeping what enriches us and discarding what limits us. Wearing traditional clothes during festivals while using technology in daily life is one simple way of blending both worlds. When tradition gives us wisdom and modernity gives us wings, together they create harmony. A society that respects its past but welcomes the future is one that thrives.

Anandika Chaudhary 12B

## The Role of Youth in Nation Building

Youth are often called the backbone of a nation, and rightly so. With their energy, creativity, and fresh ideas, they hold the power to shape the future of society. Nation building is not just about constructing infrastructure; it is about developing values, knowledge, and a vision for progress—and the youth play a central role in this process. Education empowers young people to contribute meaningfully to science, technology, and innovation. A well-informed and skilled youth can create solutions to pressing issues like poverty, unemployment, and climate change. Equally important is their role in upholding democracy by participating actively in discussions, elections, and social reforms. History shows that movements for freedom, equality, and justice have often been led by the young. In today's modern world, youth can lead campaigns for environmental conservation, gender equality, and digital innovation. However, this power must be guided by discipline, responsibility, and respect for cultural values. A nation can only progress when its youth are motivated, educated, and united. They are not just the leaders of tomorrow—they are the strength of today. By channelizing their potential in the right direction, youth can transform a nation into a beacon of prosperity and hope.

Dibyanshu Barthwal 12B

## Students' Opinion



### The Paradox of Freedom:

Does too much freedom make us miserable?

In today's world, freedom is often celebrated as the highest form of progress. Markets, technologies and lifestyles offer individuals ultimate autonomy in shaping their lives. Yet alongside this abundance has emerged a counterintuitive problem; research suggests that too many choices may contribute not to satisfaction, but to anxiety, indecision and regret. This phenomenon is often described as the "paradox of choice."

In 1976, the average American supermarket carried around 9,000 items, by the 1990s, that figure had climbed above 30,000 and today, large retail stores may stock over 100,000 products but, digital platforms overshadow even these figures; Netflix, for instance, offers thousands of titles, while Amazon lists millions of products which includes books, parts, furniture, etc. In theory, such abundance should maximize freedom by allowing people to find precisely what they want. In practice, research suggests otherwise.

Study by psychologists Sheena Iyengar and Mark Lepper found that customers presented with 24 varieties of jam were less likely to make a purchase than those shown only 6 varieties. While the larger selection drew more interest, the smaller one generated more actual decisions and higher satisfaction. This experiment illustrates how excessive options can overwhelm decision-making, resulting in paralysis rather than empowerment and in the scenario where they did make a choice, it would be followed by regret of not choosing correctly.

Barry Schwartz, who popularized the concept in his book "The Paradox of Choice (2004)", argues that the more options we have, the less satisfied we become and the data supports him, 2018 cross-national study of 22,000 people found that while autonomy boosts happiness, excessive choice correlates with stress and dissatisfaction.

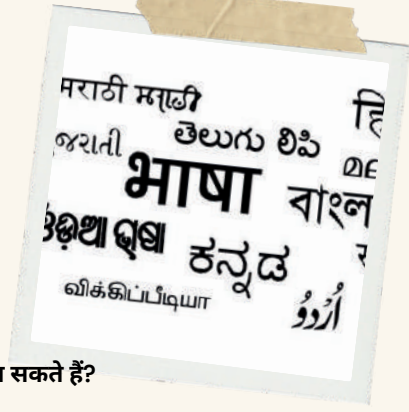
The rise of social media and algorithm-driven platforms intensifies the paradox of choice. Platforms like Instagram or LinkedIn showcase endless possibilities for lifestyles, careers, and social connections, often triggering comparison stress. Psychologists note that individuals exposed to a constant stream of alternatives report higher rates of decision fatigue.

The paradox of choice doesn't argue against freedom—it warns against unstructured abundance. Human satisfaction thrives not in infinite options, but in meaningful, manageable ones. Without limits, freedom risks becoming another trap: a maze of possibilities where the exit is never clear.

Tenzin Thokmey 12A







एलियन: क्या हम ब्रह्मांड में अकेले हैं?

रात के समय जब हम आकाश में चमकते हुए अनगिनत तारे देखते हैं, तो मन में एक प्रश्न उठता है—क्या इस विशाल ब्रह्मांड में केवल पृथ्वी पर ही जीवन है? इसी प्रश्न से एलियन (परग्रही) की कल्पना जन्म लेती है।

एलियन ऐसे काल्पनिक या संभावित जीव माने जाते हैं, जो पृथ्वी के अलावा किसी अन्य ग्रह पर रहते हों। अब तक वैज्ञानिकों को एलियनों के अस्तित्व का कोई पक्का प्रमाण नहीं मिला है, लेकिन वे लगातार अंतरिक्ष की खोज कर रहे हैं। आधुनिक दूरबीनों, अंतरिक्ष यानों और वैज्ञानिक अभियानों के माध्यम से ऐसे ग्रहों की तलाश की जा रही है, जहाँ जीवन की संभावना हो।

एलियनों पर कई फिल्में, कहानियाँ और कार्टून बनाए गए हैं। इनमें उन्हें अलग-अलग रूपों में दिखाया जाता है, लेकिन यह केवल कल्पना पर आधारित होता है। विज्ञान हमें सिखाता है कि किसी भी बात पर विश्वास करने से पहले उसके प्रमाण होने चाहिए।

ब्रह्मांड के रहस्यों को जानने की जिज्ञासा हमें विज्ञान के प्रति उत्साहित करती है। चाहे एलियन हों या न हों, अंतरिक्ष की खोज हमें नई-नई जानकारी देती है और भविष्य में मानव जीवन के लिए नई संभावनाओं के द्वार खोलती है।

संदेश: जिज्ञासा, विज्ञान और खोज की भावना ही हमें नई ऊँचाइयों तक पहुँचाती है।

रश्मि मल्होत्रा

क्या अंक विद्यार्थियों की क्षमता या ज्ञान को माप सकते हैं?

आज की शिक्षा प्रणाली में परीक्षा और अंक को बहुत महत्व दिया जाता है। अक्सर विद्यार्थियों की योग्यता का मूल्यांकन उनके प्राप्त अंकों के आधार पर किया जाता है, लेकिन यह पूरी तरह सही नहीं कहा जा सकता।

अंक केवल किसी छात्र की परीक्षा में प्रदर्शन को दर्शाते हैं, न कि उसकी वास्तविक क्षमता, रचनात्मकता या व्यावहारिक ज्ञान को। कई बार कुछ विद्यार्थी तनाव, स्वास्थ्य या अन्य कारणों से अच्छे अंक प्राप्त नहीं कर पाते, जबकि उनकी समझ और कौशल बहुत अच्छा होता है।

इसके विपरीत, कुछ विद्यार्थी रटकर अच्छे अंक प्राप्त कर लेते हैं, लेकिन उनका वास्तविक ज्ञान सीमित होता है। इसलिए केवल अंकों के आधार पर किसी विद्यार्थी की क्षमता का पूर्ण आकलन नहीं किया जा सकता।

एक बेहतर मूल्यांकन प्रणाली में प्रोजेक्ट, गतिविधियाँ, व्यवहार और कौशल को भी शामिल किया जाना चाहिए।

इस प्रकार, अंक महत्वपूर्ण तो हैं, लेकिन वे किसी विद्यार्थी की पूरी योग्यता और ज्ञान का सही पैमाना नहीं हो सकते।

अर्थ: प्रगति के मार्ग का मार्गदर्शक नवाचार है।

संस्कृत भाषा में डिजिटल माध्यम से किए जा रहे अभिनव प्रयोगों ने निश्चित रूप से संस्कृत भाषा को व्यापक जनमानस तक पहुँचाया है। निश्चय ही वर्तमान युग संस्कृत भाषा के लिए एक वरदान के रूप में है। आज संस्कृत भाषा में हम अनेकों वेबसाइट्स, एप्लीकेशन्स, औपचारिक एवं अनौपचारिक पाठ्यक्रम, संस्कृत सम्भाषण शिविर, संस्कृत कार्यशाला, संस्कृत संवाद और संस्कृत परिचर्चा, डिजिटल माध्यम से संस्कृत पुस्तकों की उपलब्धता, संस्कृत शिक्षण से सम्बद्ध अनेक प्रकार की दृश्य-श्रव्य सामग्री जैसे अनेकानेक उपायों और विकल्पों को सरलता और सहजता से पा सकते हैं। ये अभिनव प्रयोग और नवाचार संस्कृत भाषा को जहाँ वर्तमान आवश्यकता के अनुरूप ढालने में मदद कर रहे हैं, वहीं संस्कृत के क्षेत्र का विस्तार करने में भी सहायक हो रहे हैं।

नवप्रवर्तनम् सदा शुभम्, उन्नति मार्गस्य पथिकम्।

अर्थ: नवाचार हमेशा शुभ होता है, यह उन्नति के मार्ग का पथिक है।

अतः संस्कृत भाषा में हो रहे अभिनव प्रयोगों एवं नवाचार को एक गति देने की आवश्यकता है और यह गति निश्चित रूप से संस्कृत भाषा को लोकभाषा एवं जनमानस के हृदय की भाषा बनाने में सक्षम है। अतः हमारा यह प्रयास होना चाहिए कि हम इन अभिनव प्रयोगों और नवाचारों से स्वयं परिचित होकर दूसरों तक इन्हें पहुँचाने के सशक्त माध्यम बनें।

आज का समाज विचारधाराओं में इस कदर विभाजित है कि हर बात, हर विचार और हर व्यक्ति को किसी न किसी पक्ष में खड़ा कर दिया जाता है। ऐसे समय में एक शिक्षक की भूमिका केवल ज्ञान का प्रसार करने तक सीमित नहीं रह जाती, बल्कि वह समाज के उस संवेदनशील सेतु का काम करता है जो छात्र को मूल्यबोध, विवेक और संतुलन की दिशा में ले जाता है।

लेकिन जब खुद शिक्षक की विचारधारा को संदेह की दृष्टि से देखा जाने लगे, या जब उससे यह अपेक्षा की जाए कि वह अपने निजी विचारों को या तो छुपा ले या किसी खास विचार के साथ कदम मिलाए, तो यह केवल उसकी स्वतंत्रता पर हमला नहीं, बल्कि शिक्षा की आत्मा पर प्रहार होता है।

एक शिक्षक की विचारधारा उसकी आंतरिक समझ, अनुभव और सामाजिक सरोकारों से उपजती है। यह जरूरी नहीं कि वह विचारधारा छात्रों पर थोपे, लेकिन यह भी उचित नहीं कि वह अपने विचारों को जीने के अधिकार से वंचित कर दिया जाए। शिक्षक का मूल्य इस बात में नहीं है कि वह किस विचारधारा से जुड़ा है, बल्कि इस बात में है कि वह छात्रों को समाज के शाश्वत मूल्यों—जैसे सत्य, करुणा, न्याय, सहिष्णुता और प्रश्न पूछने की स्वतंत्रता—से कैसे जोड़ता है।

यदि किसी शिक्षक की विचारधारा उसके शिक्षण में पूर्वाग्रह, कट्टरता या एकपक्षीय दृष्टिकोण लाती है, तो वह छात्रों के विवेक का हनन करती है। लेकिन यदि वही विचारधारा शिक्षक को अधिक मानवीय, संवेदनशील और विवेकशील बनाती है, तो वह शिक्षण को सजीव बनाती है। समाज को यह समझना होगा कि शिक्षक कोई विचारशून्य रोबोट नहीं होता, और न ही वह समाज की राजनीतिक लड़ाइयों का मोहरा है। उसकी भूमिका उस संतुलनकारी शक्ति की है जो छात्रों को सोचने, समझने और आत्मनिर्भर निर्णय लेने योग्य बनाती है।

अतः यह समय की मांग है कि शिक्षक को उसकी निजी विचारधारा के साथ जीने और शिक्षण करने की स्वतंत्रता दी जाए, जब तक वह छात्रों में स्वतंत्र सोच, प्रश्रवृत्ति और मूल्यों के प्रति निष्ठा विकसित कर रहा है। क्योंकि विचारधारा से डरने के बजाय, हमें उस विवेक को पोषित करना चाहिए जो विचारों का मूल्यांकन करना सिखाता है।

निमित्त जोशी



## "CHOOSE YOUR WORDS WISELY"

A whisper can warm, a sentence can sting,  
A single word may clip a wing.  
Yet that same voice, when soft and true,  
Can build a world, and carry through.  
Words are not feathers, light in the air,  
They linger long, etched everywhere.  
They can bloom like spring in a tender heart,  
Or tear a dream, and pull it apart.  
To parents who guide, to teachers who teach,  
Your voice is the hand that helps children reach.  
Not every lesson needs to be stern—  
Love is the light where young minds learn.  
The power of words—so gentle, so vast—  
Can colour a moment, or shadow the past.  
They can lift a soul with nothing but grace,  
Or leave behind an empty space.  
Speak not with haste, nor harsh reply,  
For a child's spirit is soft as the sky.  
A kind word can cheer like a rainbow unfurled—  
A glimpse of the joy this child brings to the world.  
So pause and ponder, before you say—  
Will my words darken or brighten their day?  
Choose with care, for you plant the seed,  
Of confidence, love, or a quiet need.  
As a poet, a teacher, I stand and believe,  
It's in gentle words that young hearts achieve.  
Not force, not fear, nor a scolding cry—  
But kindness, the wings on which children fly.

Shagun Sharma

## Teachers' Opinion

Padams and Javalis

### A reminder of the strong link between art and human emotions!

Padams and Javalis, traditional Carnatic music compositions, are more than just artistic expressions - they are a reflection of human emotions. These songs explore themes of love, longing, and devotion, evoking powerful emotions in both the performer and the audience.

Padams and javalis tap into universal human emotions, creating a deep connection with listeners.

These compositions tell stories of love, separation, and devotion, often drawing from mythology and literature.

Padams and Javalis are an integral part of Carnatic music, showcasing the art form's rich emotional depth. By exploring the emotional nuances of Padams and Javalis, we can appreciate the profound impact of art on human experience.

Himanshi



### CAN YOUTH CHANGE THE DEMOCRACY?

Young Hearts. Bold Actions. Lasting Change.....

We often grow up believing that changing the world is a task reserved for powerful leaders, governments, or influential personalities. But history and reality tell a different story. Some of the most meaningful changes begin with ordinary students who simply decide not to ignore the problems around them.

Today, young minds are stepping beyond classrooms and report cards to become voices of change. Students are leading cleanliness drives, teaching underprivileged children, spreading awareness about mental health, planting trees, and standing against social challenges that many adults hesitate to address. What begins as one small step often creates a ripple effect that transforms entire communities.

Across India, inspiring young changemakers have shown that age is never a limitation. Licypriya Kangujam, a young environmental activist from Manipur, India, began raising her voice for climate action at an age when most children are still discovering their hobbies. Similarly, Malala Yousafzai, from the Swat Valley of the Khyber Pakhtunkhwa province in Pakistan while still a student, stood up for girls' education despite unimaginable challenges, proving that one courageous voice can inspire millions across the world.

The true strength of these students lies not in wealth, authority, or recognition. It lies in courage - the courage to care, to act, and to believe that even a single effort can create change. While many wait for "someone" to solve society's problems, these young changemakers become that someone.

Communities are not transformed by extraordinary people alone; they are transformed when ordinary individuals choose responsibility over silence. Their stories send a powerful message: age does not define impact, and students are not merely the leaders of tomorrow - they are the changemakers of today.

Ms. Purbasha (PRT English)

### The Everyday Magic of Happiness

Each day greets us as a blank page — a fresh start on the journey of life. With every sunrise, a new chapter unfolds in the book of our story. Yet, there are times when life feels heavy. We find ourselves tangled in sadness, weighed down by worries, and shaken by the storms we didn't see coming.

In those moments, we often forget a quiet truth: Happiness is all around us.

It's not always loud or obvious. Sometimes, it whispers — hidden in the hush of a rainy afternoon, or in the comfort of a warm cup cradled between your hands. It flutters gently by, like a butterfly that dances past, unnoticed unless you're truly looking.

Joy lives in the small, the simple, the still.

It's in laughter shared, in kind words, in sunlight through your window, and in the peace of your own breath.

Real happiness begins the moment we slow down and start to see — not just with our eyes, but with our hearts.

All it takes is the willingness to open ourselves to it — to welcome joy with wide, warm, and open arms.

Nampreet Kaur



# Brain Teasers!

## FIND 3 DIFFERENCES IN 30 SECONDS

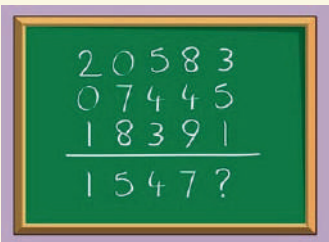


ANSWER



### 3. CHALK FACE

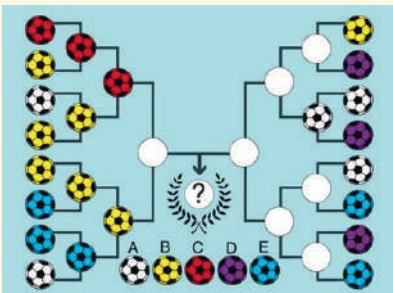
Which number should replace the question mark?



Answer : 3

### 4. TEAM GAME

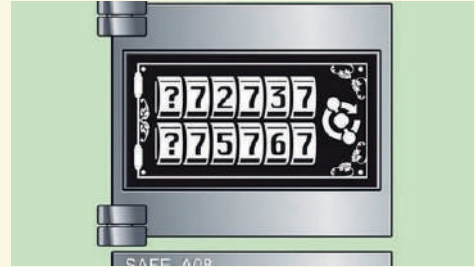
Which team (A-E) will win the competition if the logic of this diagram is continued?



Answer : Team C

### 1. SAFE CODE

To open this safe, you have to replace the question marks with the correct figures. You can find this figure by determining the pattern behind the numbers shown.



2. KEYPAD Which number should replace the question mark to form accurate equations, knowing that three numbers are shown per row (i.e. two of the numbers form a two-digit number)?



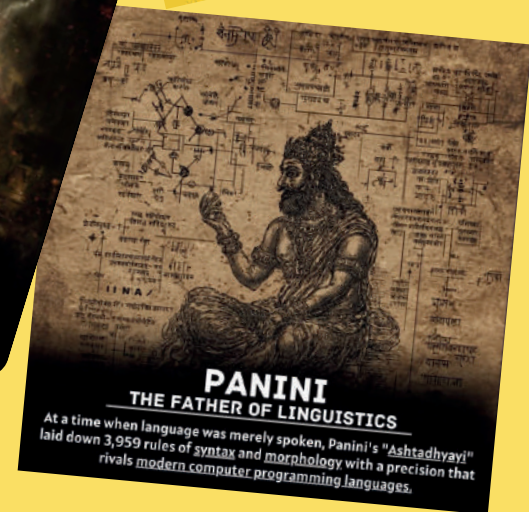
Answer :  
6

## PET EXPRESSIONS THAT SPEAK LOUDER THAN WORDS. CAPTION THE PICTURE BELOW





## ANCIENT INDIA!! OUR HERITAGE



## MODERN INDIA!! YOUR HERITAGE

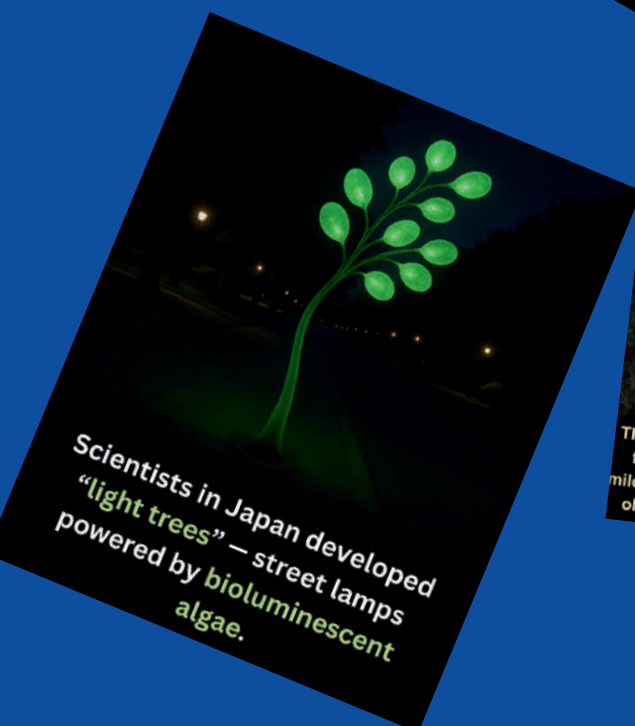
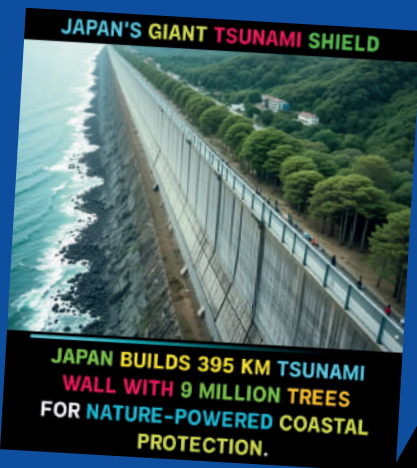


INDIA'S FIRST HYDROGEN BUS SERVICE LAUNCHED IN LADAKH, REDUCING 350 TONNES OF CARBON AND PRODUCING 230 TONNES OF PURE OXYGEN EVERY YEAR - EQUIVALENT TO PLANTING ABOUT 13,000 TREES.





# A Sustainable World





# EVERGREEN JOKES FROM READER'S DIGEST

What should you do  
if your puppy isn't  
feeling well?

Take him to the dog-tor.



RD

WHY DO DOGS FLOAT IN WATER?  
BECAUSE THEY'RE GOOD BUOYS.

WHY ARE MOST PEOPLE TIRED ON APRIL 1?  
THEY'VE JUST FINISHED A 31-DAY MARCH.

I WONDERED WHY THE BASEBALL KEPT GETTING BIGGER. THEN IT HIT ME!!!@@@.

What do you get  
when you combine a  
rhetorical question  
and a joke?

RD

My dog used to chase  
people on bikes a lot.  
It got so bad that  
finally I had to take  
his bike away.



MY COLORBLIND DIAGNOSIS REALLY CAME OUT OF THE BLUE!

"Always forgive  
your enemies;  
nothing annoys  
them so much."

—OSCAR WILDE



RD

A bear walks into  
a bar and says,  
"Can I have a ... Coke?"  
The bartender asks,  
"What's with the  
big pause?"  
The bear replies,  
"I don't know.  
I was born with them."

RD



**Humour**  
In Uniform

I was in a restaurant having lunch when I noticed four men dressed in camouflage uniforms seated nearby. I'm proud of the men and women who serve our country, so I walked over to the group and said, "I just want to thank you for your service, and it would be an honour to buy your lunch."

One man put down his fork, looked up and said, "We appreciate that, ma'am; thank you. But we're not in the military. We're on a hunting trip."

RENEE SETTLEMIRE

**Reader's**  
digest  
INDIA



I DIDN'T  
UNDERSTAND  
HOW GOOD I WAS  
WITH COMPUTERS  
UNTIL I MET MY  
PARENTS.

—MIKE BIRBIGLIA





THANK YOU !!

SEE YOU IN THE NEXT ISSUE!!





## FROM THE EDITOR'S DESK

Another year over and the new session has begun. It started with a lot of excitement. Lots of activity! It might look chaotic on the surface but there is a Beethoven like symphony beneath...I would like to call it 'order in disorder!'

Seeing the students and teachers working like a well-oiled clockwork machine...juggling academics and extracurricular activities in perfect unison, it reminds me of something very important ..the quiet strength of working together.

Think of it not as a grand corporate strategy but as something very simple and organic. Consider the group of students and prefects who work together to pull off the plethora of co-curricular activities. I see students managing to squeeze out a few minutes to practice for their event and at the same time managing to attend their classes

The same goes for teachers who managed to coordinate house events and of course keep the syllabus on track. In their endeavours I see one has a brilliant idea, another with a steady hand to execute , a third with patience to iron out the creases. There will, of course, be emotional dramas, squabbles and mercurial rise in temperaments...but the best team I find is the one which is the quietest and listens, the one which notices small things and holds the fabric of its team. They communicate not with words but with understanding which stems from a common purpose. I have witnessed a quiet trust and respect that blossomed with this teamwork. So it is important that we don't forget this gentle art of

collaboration. Let's take a moment and appreciate the times when hands join and minds meet to create a powerful companionship called **TEAMWORK**....

because in it lies a quiet yet formidable strength

This magazine has been possible because of teamwork and I thank everyone for contributing towards it.

I hope you enjoy reading it as much as I enjoyed putting it together,

Happy Reading!!



Mrs. Shubhra Barthwal  
Editor-in -Chief

# BIRLA OPEN MINDS INTERNATIONAL SCHOOL, DEHRADUN

Singhniwala, post Sherpur, Simla Bypass Road, Dheradun UK- 248197

✉ admission@bomis.org ☎ 9760300444, 9760700444